

UCEBT DBT Therapist

About: Utah Center for Evidence Based Treatment (UCEBT), a growing outpatient practice, is seeking a licensed outpatient therapist with training in dialectical behavior therapy (DBT) and other evidence based treatments. We are a multidisciplinary team of expertly trained professionals, including psychologists, nurse practitioners, social workers, and expert consultants. Our work is based on a core set of values including expert care, scientific rigor, accountability, and data-based results. UCEBT staff have extensive training and experience in the treatment and management of a wide range of mental health difficulties ranging from depression and anxiety to suicidality. In addition to providing clinical services, many of our staff hold faculty appointments at the University of Utah and remain abreast of latest clinical developments.

Applicant: We seek one or more psychologists and/or clinical social workers with intensive or foundational training in DBT and at least one year of pre- or postdoctoral experience on an adherent DBT team. An ideal applicant will be willing to see a range of clients on the DBT team, co-lead skills classes, conduct diagnostic assessments, supervise advanced trainees, and see clients on one or more of our other clinical teams. The clinician will have the opportunity to see clients in the age range of their interest(s), including youth and families, young adults, and/or adults.

UCEBT is committed to fostering a diverse, vibrant, and responsive work environment. We adapt to support the individual and family needs of our staff, including flexible work schedules and opportunities for advancement. Employee happiness and work-life balance are regularly discussed in meetings and supported through our center policies. The position begins at part time during the trial period and is expected to grow into a full-time clinical position promptly, depending upon the clinician's desired rate of growth.

Responsibilities include:

- Managing a caseload within UCEBT ranges for part- or full-time status (RANGE?)
- Maintaining individualized self-care practices with support from supervisor (TEAM LEADER?)
- Participation in our DBT program and a minimum of one other clinical program (Anxiety and Mood, Assessment and Testing, Clinical Health, & Trauma, Stress and Resilience Team)
- Willingness to engage in outreach including providing expert talks, presentation of clinical data, or other forms of collaboration with our community partners
- Willingness to see some short-term EAP clients on-site at local businesses to balance caseload
- Serve on one or more administrative teams as a clinical representative to support the functioning and ongoing improvement of care at our center
- Completion of charting in a timely manner
- Regular use of diary cards and other outcome assessments and responsive treatment planning
- Clinical Supervision of practicum students and/or postdoctoral fellows

- Fulfillment of on-site clinician hours to support trainees and other clinicians in a consultation role
- Conduct that exemplifies UCEBT values of professionalism, collaboration, and compassionate care

Qualifications:

- Current clinical license in the state of Utah is required
- Must have valid driver's license in the state of Utah
- Intensive or Foundational training in DBT
- At least one year of experience on an adherent DBT treatment team
- Formal training and expertise in other evidence based treatments (e.g., CBT, ACT)
- Ability to read and communicate effectively in English
- Strong written and verbal skills
- Basic computer knowledge
- Exceptional interpersonal skills to work effectively on interdisciplinary projects
- Critical decision making/problem solving skills
- Knowledge of DSM-5 diagnoses/disorders

Workplace Requirements:

- Sitting 70-75% and Standing 25-30%
- Occasionally lifting objects such as boxes or client charts
- Walking up and down stairs

Benefits: After therapist successfully completes the trial period, the following benefits will become available:

- Monthly wellness benefit
- Flexible schedule
- Costco membership
- Monthly phone reimbursement
- Paid time off
- Ongoing didactic training
- Licensure renewal assistance and CEU tracking
- Paid annual training stipend
- Paid holidays
- Individual health insurance covered fully by UCEBT
- Option to work in multiple locations, including some remote telepsychology practice

This position requires thorough knowledge of law, regulations, and ethics related to provision of mental health services. Candidate will be expected to acquire this knowledge immediately if hired:

- The operations manual of UCEBT, particularly issues of client relations and privacy
- HIPAA- Health Insurance Portability and Accountability Act of 1996 (HIPAA)- Regulations & Standards Utah State Law regarding mental health, particularly related to consent to treatment and maintenance of health care information-Title 62A Utah Human Services Code: Chapter 15 Substance Abuse and Mental Health Act

- The American Psychological Association Ethics of Psychologists and Code of Conduct (or field-appropriate equivalent)

Interested applicants are invited to submit a cover letter, CV, and the names/contact information of 2-3 referees to Karina.koponeva@ucebt.com on or before 2/15/19. Applications will be reviewed immediately upon receipt and, if necessary, will continue beyond 2/15/19 until one or more positions are filled. Preference will be given to applicants who are available to start sooner. However, we will consider any applicant who is able to start on or before 9/15/19. Additional information can be found at: <https://www.ucebt.com/about-us/work-at-ucebt>